

Cold Sandwiches

Chicken Caesar Wrap \$7.95

Grilled chicken strips, romaine, tomatoes, parmesan & black olives with Caesar dressing stuffed in a tomato tortilla wrap.

Turkey BLT \$7.95

Natural turkey, bacon, romaine & tomato with mayo or ranch dressing. Choose from white, wheat, rye or toast.

Cranberry Pecan Chicken Salad \$8.25

All white meat chicken salad with pecans, cranberries, celery & romaine. Choose from wheat, white, rye or pub roll. **Wrap \$8.75**

Turkey Caprese \$7.95

Natural turkey, fresh mozzarella, avocado, tomato, romaine, basil pesto & balsamic glaze on toasted herb focaccia bread.

Southwestern Chicken Wrap \$7.95

Sliced chicken with cheddar, romaine, tomato and our special barbecue ranch sauce or buffalo sauce on a wrap of your choice. Add bacon \$1

Roast Beef Slaw \$7.95

Store baked roast beef with cheddar, coleslaw and Russian dressing. Choose from white, wheat, rye or pub roll. Try it grilled!

Turkey Slaw \$7.50

Natural turkey, provolone, coleslaw with Russian dressing. Choose from rye, white or wheat. Try it grilled!

The Deli \$7.95

Smoked ham, natural turkey, pepperoni, provolone cheese, romaine, tomato, pickles, sweet peppers on roll with sundried tomato mayo and a splash of olive oil.

Turkey Apple & Feta Wrap \$7.95

Natural turkey, cranberries, apple slices, feta and romaine with honey raspberry dressing stuffed in a plain wrap.

Asian Veggie Wrap \$7.50

Romaine & spring mix blend, broccoli, carrots, sugar peas, celery & Chow Mein noodles wrapped in your choice of wrap with Sesame Asian dressing. **Add grilled chicken \$1.50**

Egg Salad Sandwich \$6.50

Freshly made egg salad with romaine & tomato. **Bacon \$1. extra**

Combo - pick two of three – \$8.95

Half cold sandwich on choice of bread, 12oz soup **or** half salad

Create Your Own

Choose from:

White, wheat, rye, Kaiser roll \$7.50

Herb focaccia, pretzel roll, 12" Tortilla

Wrap, wheat or plain \$7.95

Gluten free bread -\$7.95

Choose ONE protein: Turkey, smoked ham, albacore tuna salad, bacon, chicken salad.

Choose ONE cheese: American cheese, Swiss, provolone, cheddar or mozzarella.

Toppings: Lettuce, tomatoes, pickles, onion, sweet peppers, or jalapenos.

Condiments: Mayo, yellow, deli, spicy, or house made honey mustard.

Extra: Additional ham, turkey, bacon \$1 extra. Extra cheese, pepperoni or avocado \$.50

Hot Sandwiches

Meatball Sub \$7.50

Three big meatballs cooked in our marinara sauce with Parmesan on an Italian roll.

Turkey Reuben \$7.50

Natural turkey, Swiss cheese, and sauerkraut with Russian dressing, grilled. Choose from rye, white or wheat.

Pretzel Grill \$7.95

Choice of smoked ham OR turkey & cheese, grilled on a big pretzel roll with choice of mustards.

Grilled Chicken Caprese \$7.95

Grilled chicken, fresh mozzarella, tomato, basil pesto and balsamic glaze on herb focaccia bread.

Hot Roast Beef \$7.95

Slow roasted beef in au jus, piled on a pub roll with provolone cheese and topped with horseradish sauce.

Tuna Melt \$7.50

Albacore white tuna salad, American cheese & tomato, grilled on your choice of white, wheat or rye bread. **Pretzel roll \$.50 extra.**

Mozzarella Meltdown \$7.50

Grilled focaccia with lots of mozzarella, tomatoes and our home made sun-dried tomato mayo. **Add pepperoni \$.50 or grilled chicken \$1.50.**

Margherita \$7.75

Thick slices of tomato, sliced mozzarella, basil pesto, spring mix blend, with a splash of balsamic vinaigrette grilled on focaccia.

Grilled chicken \$1.50 extra

Grilled Cheese \$5

American cheese melted on white, wheat or rye.

Peanut Butter & Jam \$5

P. B. and choice of strawberry or grape jam.

All sandwiches served with pickle spear & chips.

Fresh Salads \$7.95

Half salads - \$5.00

Cathy's Salad

Romaine & spring mix blend, grilled chicken, apples, cranberries, celery & glazed pecans. Suggested dressing: Sesame Asian, honey raspberry vinaigrette or blue cheese.

Camie's Salad

Romaine, tuna salad, pasta, sweet peppers, peas & sunflower seeds. Suggested dressing: Sun-dried tomato vinaigrette or golden Italian.

Angela's Salad

Romaine, grilled chicken, parmesan, black olives, tomatoes and croutons. Suggested dressing: Creamy Caesar or sun-dried tomato vinaigrette.

Rebeca's Salad

Romaine & spring mix blend, grilled chicken, corn & black bean salsa, avocado, jack cheese, tri-colored tortilla strips. Suggested dressing: Creamy salsa

Emily's Salad

Romaine & spring mix, broccoli, cucumbers, carrots, tomato, cheddar cheese, sunflower seeds. Suggested dressings: Ranch or French

GoodEase Salad

Romaine, ham, bacon, chicken, egg, tomato, croutons & cheddar. Suggested dressings: Sun-dried tomato vinaigrette or French.

Bob's Salad

One scoop of chicken salad, tuna salad, & egg salad with tomato slices on a bed of lettuce. Suggested dressing: Golden Italian or ranch.
***Pecan cranberry chicken salad \$1.50 extra per scoop.**

Tony's Salad

Romaine, buffalo chicken, jack cheese, celery, tomatoes, & tortilla chips Suggested dressings: Ranch or Bleu cheese

Amy's Salad

Romaine, fresh mozzarella with balsamic glaze, basil, tomatoes, avocado, black olives & croutons. Suggested dressing: Balsamic vinaigrette or creamy pesto.

Aunti Pasto

Romaine, salami, ham, provolone, olives, tomatoes, pasta & homemade croutons. Suggested dressing:

Create Your Own Salad

Choose from: Romaine, lettuce blend

Choose ONE protein: Grilled white chicken, buffalo chicken, white chicken salad, albacore tuna salad, egg salad, crumbled bacon, smoked ham, pepperoni.

Choose up to FOUR toppings:

Tomatoes, celery, carrots, onion, broccoli, peas, snap peas, spinach, avocado, 1/2 boiled egg cucumbers, black olives, sweet peppers, apple slices, parmesan, cheddar, Monterey jack, feta, fresh mozzarella, cranberries, pasta, sunflower seeds, almonds, pecans, glazed pecans, tortilla strips, chow mien noodles. **\$.50 extra for toppings. All spinach salads \$1 extra.**

Choose ONE dressing:

Golden Italian, lite Italian, ranch, sun-dried tomato, French, sesame Asian, creamy Caesar, blue cheese, honey raspberry vinaigrette, balsamic vinaigrette, honey mustard, creamy salsa. **Extra dressing - \$.50**

Home Made Hot Soups

12 oz. cup - \$4.50/\$5
16 oz. cup - \$6/\$6.50
Quart - \$10/\$11



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Sandwich & Salad Menu

Store Hours

Monday 9-5
Tuesday 9-7
Wednesday 9-7
Thursday 9-7
Friday 9-5
Saturday 10-4

Hot sandwich station closes 30 minutes prior to closing

Order lunch from our website, facebook or App (text GoodEase to 33733) and pick up Quick!